

# Pool Schedule Summer 2010 REVISED 6/29/10

<i>Swim Times</i>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
5:45am-7:00am	4 Adult Lap	4 Adult Lap	4 Adult Lap	4 Adult Lap	4 Adult Lap
7:00am-8:30am	3 Adult Lap 1 Swim Team	3 Adult Lap 1 Swim Team	3 Adult Lap 1 Swim Team	3 Adult Lap 1 Swim Team	3 Adult Lap 1 Swim Team
8:30am-10:00am	2 Adult Lap 2 Adult Rec	2 Adult Lap 2 Adult Rec	2 Adult Lap 2 Adult Rec	2 Adult Lap 2 Adult Rec	2 Adult Lap 2 Adult Rec
10:00am-11:30am <i>*NO ADULT LAP*</i>	2 Adult Rec 2 Instruction <small>until 12:15</small>	2 Adult Rec 2 Instruction	2 Adult Rec 2 Instruction <small>until 12:15</small>	2 Adult Rec 2 Instruction	2 Adult Rec 2 Instruction <small>until 12:15</small>
11:30am-1:00pm	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap
1:00pm-2:00pm	2 Adult Lap 2 Adult Rec	2 Adult Lap 2 Adult Rec	2 Adult Lap 2 Adult Rec	2 Adult Lap 2 Adult Rec	2 Adult Lap 2 Adult Rec
2:00pm-3:00pm <i>*NO ADULT REC*</i>	2 Adult Lap 2 Instruction	2 Adult Lap 2 Instruction	2 Adult Lap 2 Instruction	2 Adult Lap 2 Instruction	2 Adult Lap 2 Instruction
3:00pm-5:00pm	Camp	Camp	Camp	Camp	Camp
5:00pm-6:00pm	Lessons	Lessons	Lessons	Lessons	2 Family/2 Instruction
6:00pm-7:00pm	2 Family 2 Instruction	2 Family 2 Instruction	2 Adult Lap 2 Instruction	2 Family 2 Instruction	2 Adult Lap 2 Instruction
7:00pm-9:15pm	2 Swim Team 1 Adult Lap 1 Youth Lap	2 Swim Team 1 Adult Lap 1 Youth Lap	2 Swim Team 1 Instruction 1 Adult Lap	2 Swim Team 1 Adult Lap 1 Youth Lap	2 Adult Lap 2 Youth Lap
9:15pm-9:55pm	Adult Lap	Adult Lap	2 Adult Lap 2 Adult Swim Lesson	Adult Lap	Adult Lap

**Saturday**

7:00am-9:00am Adult Lap  
 9:00am-1:45pm Lessons  
 4:00pm-6:00pm Adult Lap  
 6:00pm-8:45pm Family Swim

**Sunday**

7:30am-11:00am Adult Lap  
 11:00am-2:00pm Family



- If hair falls below the ears Member must wear bathing cap.
- Member must rinse off before getting into the water.
- Children 5 years old or younger must be accompanied by an adult in the water.
- Children 11 years old or younger must be supervised by an adult on the deck (non-swimmers must be accompanied by an adult in the water).
- Lap Swim is limited to swimmers doing laps only. Circle swim, with 3 or more swimmers is encouraged.
- Adult Recreation and Adult Lap are limited to adults 18 years old or older.
- Adult Lap is limited to adult swimmers 18 years old or older.
- Youth Lap is limited to swimmers ages 10 - 18 years old.

